

Song Book

St Joan's Blue Mountain Group

February 2026

o.1 Minds and Bodies

Antiphon **May** this lenten discipline,
Which we undertake with love,
Turn our minds to things above.

- 1 Sin has sundered us from God,
Selfish we have grown and cold,
Foolish were the ways we trod,
Evil habits keep their hold.
- 2 Now we fast that we may feast
Where the Lord of Life presides;
May our hunger be increased
For the bread which He provides.
- 3 As we keep this Lent with prayer
And from pleasures are withdrawn,
Minds and bodies we prepare
For the joy of Easter dawn.

James McAuley 1917-76

o.2 Ave Maria



0.3 Waltzing Matilda

1 Oh there once was a swagman camped in a billabong,
 Under the shade of the coolibah tree;
 And he sang as he looked at his old billy boiling,
 'Who'll come a waltzing Matilda with me?'

Chorus: Who'll come a-waltzing Matilda my darling?
 Who'll come a-waltzing Matilda with me?
 Waltzing Matilda and leading a water bag,
 Who'll come a-waltzing Matilda with me?

2 Down came a jumbuck to drink at the water hole,
 Up jumped the swagman and grabbed him with glee;
 And he sang as he stowed him away in his tucker-bag,
 'You'll come a-waltzing Matilda with me.'

(Chorus)

3 Down came the squatter a-riding his thoroughbred;
 Down came policemen – one two and three.
 'Whose is the jumbuck you've got in your tucker bag?
 You'll come a-waltzing Matilda with me.'

(Chorus)

4 But the swagman he up and he jumped in the water-hole,
 Drowning himself by the coolibah tree;
 And his ghost may be heard as it sings in the billabong,
 'Who'll come a-waltzing Matilda with me?'

(Chorus)

Andrew Barton "Banjo" Paterson (17 February 1864–5 February 1941)